



Hi Ho, Hi Ho It's Back to Work You Go!

Francis Walsh talks to retirees who are going back to work.

Gen F Can Become Gen X Take the 'Hi Ho' Test

Sometimes governments forget about older people, so much so that, nowadays, many retirees are thinking that they are the forgotten generation. You have heard about Generation X and Gen Y. The old folks must be Generation F: the forgotten generation.

Despite the limits on income levels when receiving a pension, many retirees believe that they need to go back to paid work so they can make ends see each other, even if they may not actually meet.

But, it is not just the extra money that is luring Generation F back to work. Many want to make sure they are secure. They want to retain connections with their community and keep their standard of living as high as possible.

And, most of all Gen F wants to feel valued.

Many people who are retired, particularly women, have decided that they need to continue working or go back to it, even if it's part time. This approach is called phased-retirement.

Learn more about [Francis Walsh](#) and [Infra Language](#).





But, they don't want any job. They need something that meets their particular needs and suits their circumstances.

So, which job should they take?

Gen F should take on the attitudes of Gen X (they are now around 40 years old). People in Gen X look for a job that fits. They don't try to fit into the job.

What is going to work for you? What type of person is the employer looking for?

You must match yourself with the job with much greater precision than you ever did in 1975!

Don't start with the money and the availability of the job. In 2008, there are jobs aplenty and the money they pay is negotiable.

Adopt the Gen X approach: 'I DESERVE WHAT'S RIGHT FOR ME.'

And, if a job isn't right for you, the job can go hang.

So, the question is: 'What's right for me?'

To discover what is right, first you have to understand a few things about you.

To do this, complete the questions and answers on the left called 'Hi: This is me'. Just circle the answers that are closest to your mind.

When you have done that, complete the answers on the right. That's the 'Ho: This is the job' side of the table.

Print out the following table, so you can complete it.



| | Hi This is me | Ho This is the job | |
|--|--|--|--|
| 1. Which is your strongest sense? | seeing hearing smelling touching tasting | seeing hearing smelling touching tasting | 1. Which is your strongest sense required in the job? |
| 2. Are you attentive? | often sometimes never | often sometimes never | 2. Does the job require that you be attentive? |
| 3. Do you calculate, measure, compare and contrast things? | often sometimes never | often sometimes never | 3. Does the job require that you calculate, measure, compare and contrast things? |
| 4. Before you make a decision, do you gather all the facts? | often sometimes never | often sometimes never | 4. Does the job require that you gather all the facts before you make a decision? |
| 5. Do you believe that you know a lot about life? | often sometimes never | often sometimes never | 5. Does the job require that you know a lot about life? |
| 6. Do you change your approaches to problems? | often sometimes never | often sometimes never | 6. Does the job require that you change your approaches to problems? |
| 7. Are you a positive person? | often sometimes never | often sometimes never | 7. Does the job require that you are a positive person? |
| 8. Do you express your emotions openly? | often sometimes never | often sometimes never | 8. Does the job require that you express your emotions openly? |
| 9. Are you physically active? | often sometimes never | often sometimes never | 9. Does the job require you to be physically active? |
| 10. Do you tell other people what to do? | often sometimes never | often sometimes never | 10. Does the job require you to tell other people what to do? |

Once you have circled the answers, go back and draw a line between the 'This is me' column and the 'This is the job' column ... IF THE ANSWERS ARE THE SAME. **For example ...**

| | Hi This is me | Ho This is the job | |
|---|--|--|--|
| 1. Which is your strongest sense? | seeing hearing smelling touching tasting | seeing hearing smelling touching tasting | 1. Which is your strongest sense required in the job? |
| 2. Are you attentive? | often sometimes never | often sometimes never | 2. Does the job require that you be attentive? |
| 3. Do you calculate, measure, compare and contrast things? | often sometimes never | often sometimes never | 3. Does the job require that you calculate, measure, compare and contrast things? |

Now count all the lines you have drawn. **Total Number of Lines:**

Is That Job Right For You?

Number of lines

- 0:** No way. Rethink your ideas about what sort of work you want to do.
- 1 or 2:** You and the job are far from compatible. It's best to keep looking.
- 3 or 4:** You may suffer this job until you find something better. But, it really doesn't suit you.
- 5 or 6:** This job may tide you over but you must try to develop the work so that your skills are better used.
- 7 or 8:** This job is a pretty good fit, but you need to watch the area where you are not compatible. That is where trouble will arise.
- 9 or 10:** Hi Ho, Hi Ho. It's off to work you go! You have probably found the right job for you. Now you know how a Gen Xer feels!

Whatever the rating, make sure you do the right thing by YOU.